



USTA Quick Start Tennis Lessons

This program of tennis instruction gets kids playing fast! We use special tennis balls that slow down play for the beginner. Tennis balls are provided. Bring your own racquet if you have one and a water bottle. Classes meet twice a week for three weeks. Class length is 55 minutes. Lil' Swingers class length is 45 minutes.



Level 1: Lil' Swingers

Ages 4-6

\$50

This exciting introductory tennis program is for children 4-6 years old. Emphasis will be on having fun, learning basic tennis skills and rules and developing hand/eye coordination. Racquets will be provided. Class is 45 minutes. Max. 6 per class.

Level 2: Beginner

Ages 7 +

\$50

This class is for youth ages 7 and up who have little or no tennis experience and would like to learn basic grips, forehands, backhands, serves and tennis rules. Class is 55 minutes. Max. 8 per class.

Level 3: Intermediate

Ages 7 +

\$50

This class is for youth ages 7 and up who have completed Level 2 Beginner tennis or have some tennis experience. Individuals will review basic skills, learn more advanced skills such as power strokes match play, serves and strategy through games, drills and demonstrations. Class is 55 minutes. Max. 8 per class.

Session 1

Hansen Park	Tue. & Thur.	May 16-June 1
#17STE11	4:30 pm	Level 1 Lil' Swingers
#17STE12	5:15 pm	Level 2 Beginner
#17STE13	6:15 pm	Level 3 Intermediate

Session 2

Pike Lake Park	Mon. & Wed.	June 12-28
#17STE21	5:30 pm	Level 1 Lil' Swingers
#17STE22	6:30 pm	Level 2 Beginner
#17STE23	7:30 pm	Level 3 Intermediate

Hansen Park	Tue. & Thur.	June 13-29
#17STE24	9:00 am	Level 1 Lil' Swingers
#17STE25	10:00 am	Level 2 Beginner
#17STE26	11:00 am	Level 3 Intermediate

Hansen Park	Mon. & Wed.	June 12-28
#17STE27	5:30 pm	Level 1 Lil' Swingers
#17STE28	6:30 pm	Level 2 Beginner
#17STE29	7:30 pm	Level 3 Intermediate

Session 3

Pike Lake	Mon. & Wed.	July 10-26
#17STE31	9:00 am	Level 1 Lil' Swingers
#17STE32	10:00 am	Level 2 Beginner
#17STE33	11:00 am	Level 3 Intermediate

Hansen Park	Tue. & Thur.	July 11-27
#17STE34	5:30 pm	Level 1 Lil' Swingers
#17STE35	6:30 pm	Level 2 Beginner
#17STE36	7:30 pm	Level 3 Intermediate

Session 4

Hansen Park	Mon. & Wed.	July 31-Aug. 16
#17STE41	9:00 am	Level 1 Lil' Swingers
#17STE42	10:00 am	Level 2 Beginner
#17STE43	11:00 am	Level 3 Intermediate

Hansen Park	Tue. & Thur.	Aug. 1-Aug. 17
#17STE44	5:30 pm	Level 1 Lil' Swingers
#17STE45	6:30 pm	Level 2 Beginner
#17STE46	7:30 pm	Level 3 Intermediate



Free Tennis Carnival

Ages 4-8

The Youth Tennis "Carnival" offers kids an opportunity to learn basic tennis skills in a fun environment using various stations and equipment designed especially for the young player. The "Carnival" is sponsored by New Brighton Parks and Recreation Departments and the Northeast Tennis Association (NETS). Highview Middle School gym is located at 2300 7th Street NW. Take 694 and go south on Silver Lake Road and east on 7th Street. Please register online or call 651-638-2130.

FREE

Highview Middle School South Gym
Saturday.....April 1
1:00 pm-2:30 pm.....Ages 4-8
#17PTE11Free
(Pre-Register required)

Private & Semi-Private Tennis Lessons

Take private lessons at any of the New Brighton tennis courts at a time that works for you. For those interested in individual instruction, the Parks and Recreation tennis staff will give private lessons for any skill level. You can also split a private lesson with a family member or friend. Call 651-638-2123 for scheduling information. Fee is payable to New Brighton Parks and Recreation. The maximum is 3 participants per lesson.

New Brighton Tennis Courts
Day and time to be scheduled at your convenience
#17STE51\$50 per hour

USTA Adult Tennis Lessons

The cities of Arden Hills and New Brighton are partnering to offer adult tennis lessons. Have fun, stay in shape and meet new friends while playing the lifetime sport of tennis! Classes will cover forehand and backhand strokes, rules, drills and games. Beginner classes are for those who have little or no tennis experience. Learn the basic strokes to begin to play. Advanced beginner/Intermediate players continue developing their stroke consistency while learning net play, court coverage and match strategy. All classes are taught by USTA trained instructors. Classes meet once per week for 6 times. Min. 4, Max. 10

Hidden Oaks Park-New Brighton
WednesdaysJune 14-July 26
(No class July 5)Ages 18 and up
#17STE52Beginner
6:15 pm-7:15 pm
#17STE53Advanced Beg./Inter.
7:15 pm-8:15 pm
\$84



GIRLS & BOYS GYMNASTIC

This is a gymnastics program for boys and girls, ages four and up. This program includes tumbling, balance beam, uneven bars and vault. Instructor ratio is 1 to 7. Parents are welcome to come into the gym to watch the first and last class. Spring sampler session meets 4 times. Summer session meets 7 times. Min. 6 Max. 28

Tumble Bees

Ages 4 through Kindergarten

Participants will work on beginning tumbling skills and will also learn basic skills on the balance beam, uneven bars and vault. Skills learned will help develop large muscle tone and coordination.

Leapers

Grades 1-5

This level is for children in elementary school with little or no gymnastics experience. Participants will be exposed to beginning gymnastics skills on various pieces of apparatus to help improve their balance, strength and coordination.

Spring Session

Irondale Gymnastic Gym
Monday, April 17-May 8
\$36

#17PGY11	6:00 pm-7:00 pm	Tumble Bees	Ages 4-Grade K
#17PGY12	7:00 pm-8:00 pm	Leapers	Grades 1-5 Beginning
#17PGY13	8:00 pm-9:00 pm	Cartwheelers	Grades 1-5 Intermediate
#17PGY14	8:00 pm-9:00 pm	Springers & Teens	Grades 3 and up (Advanced)

Summer Session

Irondale Gymnastic Gym
Monday, June 12-July 31 (No class July 3)
\$63

#17SGY11	6:00 pm-7:00 pm	Tumble Bees	Ages 4-Grade K
#17SGY12	7:00 pm-8:00 pm	Leapers	Grades 1-5 Beginning
#17SGY13	7:00 pm-8:00 pm	Cartwheelers	Grades 1-5 Intermediate
#17SGY14	7:00 pm-8:00 pm	Springers & Teens	Grades 3 and up (Advanced)